



# English National Ballet Nutcracker Delights Workshop

Curriculum links - KS1/ KS2 / KS3

|     | Workshop Element                                                                                                                                                                    | Curriculum                                                                                                                                                                                                                                                                |
|-----|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| KS1 | Explore the narrative, characters and themes from Nutcracker Delights and create your own dances in a fun and creative ballet workshop with live music                              | <b>PE:</b> <ul style="list-style-type: none"><li>• Perform dance using simple movement patterns</li><li>• Develop balance, agility and co-ordination</li></ul>                                                                                                            |
|     | Explore items from English National Ballet's Costume Atelier and discover how our craftspeople translate the creative vision of designers to bring characters to life for the stage | <b>Art and Design:</b><br>Learn about the work of a range of artists, craft makers and designers, describing the differences and similarities between different practices and disciplines, and making links to their own work.                                            |
| KS2 | Explore the narrative, characters and themes from Nutcracker Delights and create your own dances in a fun and creative ballet workshop with live music                              | <b>PE:</b> <ul style="list-style-type: none"><li>• Perform dance using a range of movement patterns</li><li>• Develop flexibility, strength, technique, control and balance</li><li>• Compare their performances with previous ones and demonstrate improvement</li></ul> |
| KS3 | Explore the narrative, characters and themes from Nutcracker Delights and create your own dances in a fun and creative ballet workshop with live music                              | <b>PE:</b> <ul style="list-style-type: none"><li>• Perform dances using advanced techniques</li><li>• Analyse their performances compared to previous ones and demonstrate improvement</li></ul>                                                                          |