

23/04/2020

ENB at HOME: Family Ballet Workshop

On Friday 24 April at 2pm, English National Ballet will release a Family Ballet Workshop on [Youtube](#) and [Facebook](#). Lead by English National Ballet Dance Artist, Sarah Golightly, the class is designed especially for children and families and is based on one of the world's best loved ballets, Swan Lake. It offers the perfect opportunity for families to enjoy the magic of ballet together, from their homes.

The Family Ballet Workshop is just one of the many online ballet classes English National Ballet has on offer as part of ENB at HOME. The classes are tailored to suit a range of ages and abilities and include a series of professional Company Classes lead by Artistic Director Tamara Rojo, Youth Ballet Classes for 11-16 year olds, Chair Based Class for those with limited mobility or space, Ballet Fit and Beginner's Class.

Whilst English National Ballet's building is closed and some future performances and events have been cancelled, ENB at HOME sees the Company continue to give free access to great ballet content as well as providing ways to keep people fit and moving during these uncertain times. This includes online ballet classes tailored to suit a range of abilities, virtual performances from ENB Philharmonic, blogs, playlists, and Wednesday Watch Parties (online premieres of full length recorded Company performances).

More information on ENB at HOME can be found on our website: ballet.org.uk/enb-at-home

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English National Ballet is a National Portfolio Organisation supported by Arts Council England.

For further information, please contact Alice Gibson, PR Manager, on alice.gibson@ballet.org.uk

Notes to Editors

English National Ballet events affected by COVID-19

Following government advice about Coronavirus COVID-19, some English National Ballet performances, events, workshops and classes have been cancelled. This includes performances of *Creature* by Akram Khan at Sadler's Wells (01-08 April) and the UK tour of *My First Ballet: Cinderella* (09 April – 31 May). The world premiere of *Creature* will now take place on 11 November 2020 at Sadler's Wells, with performances until 15 November. Emerging Dancer has been postponed and will now take place on 22 September 2020 at Queen Elizabeth Hall, Southbank Centre. Theatre box offices are contacting bookers directly. English National Ballet's home on London City Island, Canning Town, is closed.

ballet.org.uk/covid-19-updates

Supporting English National Ballet

We have deeply appreciated the many warm wishes and expressions of empathy and care from friends and fans from around the globe. Ticket sales provide substantial revenue funding, contributing over a third of our annual income. There are substantial financial implications to postponements in our programme that impact our future work. We are working hard to find ways to navigate the financial impact of this unprecedented and challenging time. As a charity, any donation, large or small, will help during this period of uncertainty.

ballet.org.uk/join-give/donate

About English National Ballet

English National Ballet has a long and distinguished history. Founded in 1950 as London Festival Ballet by the great English Dancers Alicia Markova and Anton Dolin, it has been at the forefront of ballet's growth and evolution ever since.

English National Ballet brings world class ballet to the widest possible audience through performances across the UK and on eminent international stages including The Bolshoi Theatre and Palais Garnier; its distinguished orchestra, English National Ballet Philharmonic; and being a UK leader in creative learning and engagement practice, building innovative partnerships to deliver flagship programmes such as English National Ballet's Dance for Parkinson's.

Under the artistic directorship of Tamara Rojo CBE, English National Ballet has introduced ground-breaking new works to the Company's repertoire whilst continuing to honour the tradition of great classical ballet, gaining acclaim for artistic excellence and creativity. 2019 saw English National Ballet enter a new chapter in its history with a move into a purpose-built state-of-the-art home in East London which brings a renewed commitment to, and freedom for, creativity, ambition, and connection to more people, near and far, than ever before.

www.ballet.org.uk

About Arts Council England

Arts Council England is the national development body for arts and culture across England, working to enrich people's lives. We support a range of activities across the arts, museums and libraries - from theatre to visual art, reading to dance, music to literature, and crafts to collections. Great art and culture inspires us, brings us together and teaches us about ourselves and the world around us. In short, it makes life better. Between 2018 and 2022, we will invest £1.45 billion of public money from government and an estimated £860 million from the National Lottery to help create these experiences for as many people as possible across the country.

www.artscouncil.org.uk