

31/03/2020

## ENB at HOME

**Stay connected and keep dancing!**

[ballet.org.uk/enb-at-home](https://ballet.org.uk/enb-at-home)

English National Ballet believes ballet is for everyone, everywhere. We believe in the power of dance to inspire, energise and soothe. Whilst the Company's home is currently closed and some future performances and events have been cancelled, we are working hard to continue to give free access to great content, as well as providing ways to keep people fit and moving during these uncertain times.

Tamara Rojo, English National Ballet's Artistic Director, is teaching special online ballet classes and warm-ups for professional dancers (and the ballet curious!) wishing to keep active and positive whilst at home.

**Tamara Rojo said:** *"Dance can bring us closer together. When you dance, something incredible and beautiful happens."*

There will also be online classes tailored to different levels. This week, these include a dance class for those with restricted mobility or limited space, just a chair needed (Tuesday 31 March, 11am); a 30min bootcamp with English National Ballet's Strength and Conditioning Coach, Ben Dixon, on Instagram Live (Thursday 2 April, time TBC); and a beginners/ improvers ballet class aimed at those with a basic knowledge of ballet (Friday 3 April, 11am).

In addition to classes, English National Ballet is sharing other great ballet content across its online platforms including a special rendition of Tchaikovsky's *Swan Lake* recorded at home by some of the wonderful musicians of the English National Ballet Philharmonic under the virtual baton of our Music Director Gavin Sutherland.

On Sunday 5 April at 6pm, a 'Slow TV' film focussed on English National Ballet dancer, Amber Hunt, preparing her pointe shoes, will be released. Filmed in real time, with no music or voiceover, it gives viewers time to tune in, tune out and relax.

We'll also be releasing performance excerpts, insight films, playlists, blogs and more. People can visit the English National Ballet website or find us on Facebook, Instagram, YouTube, Spotify, and Twitter.

## English National Ballet events affected by COVID-19

[ballet.org.uk/covid-19-updates](https://ballet.org.uk/covid-19-updates)

Following government advice about Coronavirus COVID-19, some English National Ballet performances, events, workshops and classes have been cancelled.

This includes performances of *Creature* by Akram Khan at Sadler's Wells (01-08 April) and *My First Ballet: Cinderella* at The Peacock, London (09-18 April), Wycombe Swan, High Wycombe (25-26 April) and Churchill Theatre, Bromley (9-10 May). Theatre box offices are contacting bookers directly.

The link above can be used to access the latest information on cancellations of performances as well as workshops and classes. It will be updated as the situation evolves over the coming weeks.

English National Ballet's home on London City Island, Canning Town, is closed.

## **Supporting English National Ballet**

[ballet.org.uk/join-give/donate](https://ballet.org.uk/join-give/donate)

We have deeply appreciated the many warm wishes and expressions of empathy and care from friends and fans from around the globe.

Ticket sales provide substantial revenue funding, contributing over a third of our annual income. There are substantial financial implications to postponements in our programme that impact our future work.

We are working hard to find ways to navigate the financial impact of this unprecedented and challenging time. As a charity, any donation, large or small, will help during this period of uncertainty.

**-ENDS-**

English National Ballet is a National Portfolio Organisation supported by Arts Council England.

For further information, please contact Alice Gibson, PR Manager, on [alice.gibson@ballet.org.uk](mailto:alice.gibson@ballet.org.uk)

### **Notes to Editors**

#### **About English National Ballet**

English National Ballet has a long and distinguished history. Founded in 1950 as London Festival Ballet by the great English Dancers Alicia Markova and Anton Dolin, it has been at the forefront of ballet's growth and evolution ever since.

English National Ballet brings world class ballet to the widest possible audience through performances across the UK and on eminent international stages including The Bolshoi Theatre and Palais Garnier; its distinguished orchestra, English National Ballet Philharmonic; and being a UK leader in creative learning and engagement practice, building innovative partnerships to deliver flagship programmes such as English National Ballet's Dance for Parkinson's.

Under the artistic directorship of Tamara Rojo CBE, English National Ballet has introduced ground-breaking new works to the Company's repertoire whilst continuing to honour the tradition of great classical ballet, gaining acclaim for artistic excellence and creativity. 2019 saw English National Ballet enter a new chapter in its history with a move into a purpose-built state-of-the-art home in East London which brings a renewed commitment to, and freedom for, creativity, ambition, and connection to more people, near and far, than ever before.

[www.ballet.org.uk](http://www.ballet.org.uk)

### **About Arts Council England**

Arts Council England is the national development body for arts and culture across England, working to enrich people's lives. We support a range of activities across the arts, museums and libraries - from theatre to visual art, reading to dance, music to literature, and crafts to collections. Great art and culture inspires us, brings us together and teaches us about ourselves and the world around us. In short, it makes life better. Between 2018 and 2022, we will invest £1.45 billion of public money from government and an estimated £860 million from the National Lottery to help create these experiences for as many people as possible across the country.

[www.artscouncil.org.uk](http://www.artscouncil.org.uk)