

# **JOB DESCRIPTION**

Job Title: Head Physiotherapist

**Department:** Medical

**Reports to:** Medical Director

### **BACKGROUND AND CONTEXT**

English National Ballet ('ENB') brings world-class ballet to the widest possible audience, creating new work and celebrating the classical repertoire, which we tour nationally and internationally. The Company currently has 70 dancers and its own orchestra, ENB Philharmonic.

Under Artistic Director Tamara Rojo, ENB is thriving and in 2019 ENB will move to a new state-of-the-art building at London City Island, Canning Town. The company will create a world-class dance hub with collaboration and learning at the core, continuing its mission to take ballet out to reach as many people as possible and extending this so that ballet is accessible to all.

Central to the Company's £36m investment are state-of-the-art rehabilitation and fitness facilities, including hydrotherapy pool, gym and Pilates studio.

### **PURPOSE OF THE POST**

To deliver best practice sports physiotherapy services to English National Ballet.

#### **KEY RESPONSIBILITIES**

## Clinical

- Act independently to assess, analyse and provide a clinical diagnosis for all injured dancers to determine their need for physiotherapy intervention.
- Act independently to plan, implement, evaluate, treat and progress dancer care to maximise rehabilitation potential.
- Manage caseload of dancers effectively and efficiently.
- Produce daily and weekly reports of dancer injury status.
- Maintain patient documentation, records and accurate statistical information to reflect care provided and meet professional standards.
- Communicate and make recommendations to all relevant disciplines of staff to maximise dancer care and promote multidisciplinary working.
- Help develop, implement and maintain appropriate clinical guidelines ensuring clinical effectiveness to optimise dancer care.

- Organise and assist in the preseason-screening programme.
- Help ensure all aspects of dancer care are monitored including prehab, rehab, fitness assessments and treatment.
- Provide medical support for all tours.

### Managerial

- Service management, planning and development within a multidisciplinary framework.
- Participate in the departmental personal development and performance review system to promote personal and service developments.
- Help support and mentor other members of the team to maximise dancer care.
- Be actively involved in clinical audit to support the club's clinical governance strategy.

#### **Educational**

- Develop and update clinical knowledge and skills to ensure delivery of evidencebased care.
- Help provide training and advice to all physiotherapy staff.
- Support physiotherapy in-service to promote personal development.
- Supervise the clinical training of undergraduate and postgraduate physiotherapy students as required.

#### **Communications and Relationships**

• To communicate and develop an effective relationship with all members of the MDT and artistic team.

## **PERSON SPECIFICATION**

## **Key Qualities**

### Essential:

- BSc in Physiotherapy or equivalent.
- A post-graduate qualification in sports physiotherapy or musculoskeletal physiotherapy or sports science.
- A minimum of five years post-graduate experience with elite sports people.
- Experience in travelling with teams
- Proven management experience of staff and complex programmes.
- Good organisational skills including record keeping.
- Excellent communication skills.

• The ability to work well within a multidisciplinary high-performance team environment.

## Desirable:

- Sports specific emergency pitch-side training.
- Management of a physiotherapy or medical department at some level.
- An understanding of strength and conditioning/sports science.
- Full clean drivers' licence.
- Excellent IT and organisational skills.

## **Key Competencies**

- Ability to lead and work as a team with positive personal impact.
- Ability to work and problem solve under pressure.
- Excellent interpersonal skills and ability to develop credible and effective working relationships.
- Attention to detail.
- Self-motivated and good energy.
- Commitment to continuous personal professional development.

This job description is a guide to the nature of the work required of the prospective employee and does not form part of the contract of employment. It is neither wholly comprehensive nor restrictive and therefore does not preclude change or development that will inevitably be required in the future.