

Schools Link

This unique, bespoke package offers a range of activities for schools, colleges, vocational, community and higher education institutions to meet curriculum needs, provide links to the profession and to support the achievement of Artsmark and Arts Award. Groups can choose to focus on one module or select an assortment of up to three to create a tailored workshop package. Individual modules can also be selected and delivered to multiple groups.

Ballet Essentials Workshop

Introduce the movement vocabulary and language of ballet in a technique focused workshop. Progressive exercises build physical and technical skills and lead students to gain a solid grounding in the fundamental principles of ballet technique and in turn help to develop performance skills. This workshop can be tailored to suit those requiring a first introduction to ballet, or adapted for students who are seeking to develop their technique, knowledge and dance ideas.

Duration: 1 to 3 hours

MOCK Audition Workshop

Experience a practical workshop that reflects the content and process of a fast paced ballet and/or contemporary audition, followed by feedback and an informative discussion about the industry. Our MOCK audition workshop is a brilliant insight into the audition process, where dancers can gain a wealth of valuable audition tips and advice, from auditioning for college and vocational schools, to those moving into a future professional career.

Duration: 2 to 3 hours

Choreographic Workshop

Supporting students with their choreographic studies, this workshop will provide examples of developing a stimulus or starting point for creating choreography and open the creative conversation. Explore the process of generating creative tasks, identify tools that develop composition and investigate choreographic devices and outcomes. Students will learn to apply their technical skills, knowledge and understanding, as well as communicating choreography and their artistic intention whilst improving their performance skills.

Duration: 2 to 3 hours

Dance Insights*

**This module is only available to those holding workshops at the home of ENB.*

A unique opportunity to learn more about behind-the-scenes of English National Ballet and delve deeper into each production. Understand the creative processes from costumes to music, which are fundamental elements to bringing a ballet to life.

Duration: 2 hours

Company Repertoire Workshop

This season, choose to explore the festive ballet of *Nutcracker*, the timeless classical ballet *Swan Lake* or *Lest We Forget*, featuring three poignant works by **Russell Maliphant, Akram Khan** and **Liam Scarlett**. Workshops can be tailored to meet the specific needs of a group and catered to all abilities. This workshop is an exciting chance for students to learn professional repertoire and engage with creative tasks, subsequently aiding to develop musicality, communication and teamwork skills. Detailed information for each repertoire is listed below.

Duration: 1 to 3 hours

Career Talks

Our team of knowledgeable artists can offer a range of presentations, talks and workshops focusing on further dance training and higher education within the arts. Participants will be able to make informed decisions about their future career choices and pathways by understanding different aspects of the arts industry, and how to become the artists of tomorrow.

Duration: 1 to 2 hours

Ballet Fit

Our ballet-inspired class is designed for dancers to increase core-strength and flexibility. Ballet Fit includes elements of yoga, gentle stretching and body conditioning, beginning with barre work and moving to floor-based exercises during the class.

Duration: 45 mins to 1 hour

ARTS AWARD AND ARTSMARK

English National Ballet is a registered Arts Award supporter. Our workshops can help your students to achieve their Arts Award, from Discover to Silver level, or support your school in achieving its Artsmark.

Our activities contribute to the following Arts Award areas:

- Taking part in art activities
- Offers opportunities to extend arts practice through experimentation & sharing
- Supports young people to attend live performances
- Research into an arts organisation through meeting professional artists, and exploring career paths

WORKSHOPS SUITABLE FOR PRIMARY SCHOOLS

Fall under the spell of Kenneth MacMillan's fairy tale classic and join Clara, her Nutcracker doll, and the magician Drosselmeyer in a frost-covered, gas-lit London, exploring the narrative journey back in time and experiencing the magic of this traditional, festive tale. Alternatively, be captivated by the romance of Prince Siegfried's love for the Swan Queen Odette, and the drama of their battle against the evil sorcerer Rothbart.

Our *Nutcracker* and *Swan Lake* workshops can be tailored to suit all Key Stages, from younger years requiring a first introduction to ballet, or those more experienced seeking to build upon their expressive and performance skills in a fun and challenging setting. Students will have the opportunity to explore, recognise and identify cross-curricular links of citizenship, stories and celebration, as well as aiding GCSE and A-Level performance modules. To complement your workshop experience, you will have access to our *Nutcracker* and *Swan Lake* Widgeit symbolised resources.

"The workshop was a fun and engaging way to introduce ballet to our pupils, helping them understand movement to demonstrate emotions, feelings and scenarios."
Old Ford Primary School, London



WORKSHOPS SUITABLE FOR SECONDARY, SIXTH FORM & VOCATIONAL STUDENTS

Commemorating the centenary of the end of the First World War, we are proud to announce the return of the award-winning ***Lest We Forget***. Featuring three poignant works, students will investigate the history of WW1, reflecting on the experiences of those who fought in the conflict, and those who stayed behind. Drawing on superb design and evocative scores, choreographers **Russell Maliphant**, **Akram Khan** and **Liam Scarlett** have created works full of unforgettable and haunting images.



"Our students were pushed both technically and creatively; the repertoire was intricately challenging and working with a live musician brought another dimension to the workshop - we highly recommend the session!" **Bishopshalt School, London**

*Packages are available to book as a half or full day of activity:
Half Day – up to 3 hours / Full Day – up to 6 hours
(Packages start from £350 excl. VAT)*

*Please check each module for the durations available.
To discuss a schedule, book a workshop or if you require further
Information please contact Drew Potter, Creative Programmes Officer
drew.potter@ballet.org.uk / 020 7581 1245*