

ENGLISH
NATIONAL
BALLET

Be Engaged...

Schools' Link Programme

*Professional workshops
inspiring creative learning*

www.ballet.org.uk





Salford City College taking part in a workshop at English National Ballet's studios

Schools' Link Programme

English National Ballet's new Schools' Link Programme 2011-12 provides a gateway to the world of ballet and connects schools and young people from primary to higher education with high quality artistic practice.

Schools' Link offers four distinct workshop opportunities engaging participants in inspirational dance activity and creative experiences which are tailored to the requirements of your students.

Each English National Ballet workshop involves...

- An introduction to the ballet including the context, story and themes
- A warm up focusing on dance-specific skills such as agility, posture, extension and flexibility
- Travelling exercises and the chance to learn phrases of movement from the repertoire
- Structured creative tasks to develop individual choreography
- The chance to perform in an informal sharing to complete the session

Benefits include...

- Promotes teamwork, both in groups and in pairs to develop creative ideas
- Develops confidence by encouraging individuality and artistic expression
- Encourages students to constructively analyse and comment on their own and other people's work
- An exciting opportunity to work with a world-class company

Workshops are available from Nursery to Vocational and Special Educational Needs schools. No previous dance experience is necessary.



Men Y Men workshop at Aldwickbury School

Workshop Package One

Ballet Essentials

Explore the strength, artistry and creativity of ballet in a workshop focusing on technique and performance skills.

Principles such as control and coordination to improve quality of movement will be explored.

Workshops encourage students to use imaginative ways to create dance inspired by a range of stimuli including music, images and ballet stories.

Ballet Essentials will develop students' appreciation of dance as a fun and exciting activity which has added benefits for health and well-being.

½ day workshop £250
Full day workshop £400

Workshop Package Two

Repertoire and Theatre Visit

Discover the themes, characters and central movement motifs in a workshop inspired by English National Ballet's repertoire. This package includes the chance to see a performance of the ballet.

Strictly Gershwin

This year, experience the glamour of the Hollywood musicals era and combine ballet, ballroom and tap in a workshop inspired by English National Ballet's *Strictly Gershwin*.

Available in:

Oxford, Manchester, Southampton, Liverpool and Milton Keynes (Autumn 2011)
London (January 2012)
Bristol (February 2012)

The Nutcracker

Experience the traditional festive tale of *The Nutcracker* in a special Christmas workshop opportunity with the chance to see a magical and unmissable performance of *The Nutcracker*.

Available in:

London (December 2011*)
Southampton and Manchester (November 2012)

½ day workshop £230
Full day workshop £375

*Don't miss this **special opportunity** to visit English National Ballet. If you would like your workshop to take place at our studios in Kensington please specify on the enclosed booking form. Workshops can also be held in your school.

Please see booking form for Discover Ballet performance dates in your region.



See *The Nutcracker* on-stage as part of Workshop Package Two

Workshop Package Three

Men Y Men

Experience the high energy, athletic and powerful choreography of Wayne Eagling's *Men Y Men*. Explore the technical skills involved in partnering and weight sharing and apply these principles to create unique and inventive choreography as seen in *Men Y Men*.

- Students will learn to apply choreographic devices such as levels, spacing, direction and dynamics in order to alter and manipulate a section of choreography.
- A *Men Y Men* workshop will help participants to appreciate the endurance, strength and determination required to develop the high level of physical skill necessary for dance.
- An insight session for teachers will explore the technique involved in teaching the challenging partnering, turning sequences and lifts in *Men Y Men*. English National Ballet's Dance Artists will break down the workshop structure enabling teachers to deliver a *Men Y Men* workshop to additional groups. A DVD resource is also included.

Prices start from £350. Available in all regions throughout 2011-12.



Men Y Men

Workshop Package Four

Beyond Ballets Russes (INSET and Theatre Visit)

Go beyond *Ballets Russes* with a workshop package exploring the history and innovative technical style of Diaghilev's *Ballets Russes*. Discover how ballet has developed over the last century through the influence of choreographers such as Fokine, Balanchine and Nijinsky, and learn how this great era of dance has influenced ballet today.

- Exploration of professional repertoire underpins the students' creative process and provides a context for further choreographic development.
- Students will learn how to adapt professional repertoire using choreographic devices to shape their own work.
- A teachers' INSET day at English National Ballet's studios in Kensington provides an insight into the workshop process and breaks down the delivery methods used by English National Ballet Dance Artists delivering *Beyond Ballets Russes* workshops.

Prices start from £300. Available in all regions during Spring 2012.

Please see booking form for Discover Ballet performance dates in London.



Faun(e) from *Beyond Ballets Russes*

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